

SCOTTISH WEST REGION BALLROOM AND FREESTYLE SEMINAR

The Scottish West Region Ballroom and Freestyle branch held its teachers half day seminar on Sunday 7th February 2010 in the St. Andrews East Church Hall, Glasgow.

This was a most enjoyable afternoon with 13 members present. We had a great lecture from Georgette Cairns on samba variations and all had great fun with our pom poms at the cheerleading lecture given by Ainsley Ballantyne.

Keeping the dancing and music flowing was our MC George McDonald. Everyone thoroughly enjoyed the variety of the day.

ELIZABETH JOLLY

Scottish West Region Ballroom Branch Secretary.

