



The British Association of Teachers of Dancing

Pavilion 8, Upper Level, Watermark Business Park, 351 Govan Road, Glasgow, G51 2SE
Telephone: 0141 427 3699

HOT STUFF DANCE STEPS INSTRUCTION SHEET

Intermediate 4 wall dance/64 counts.

Suggested Music: Hot Stuff - Donna Summer - The Full Monty

Choreographed by Lisa Mason - April 2000

Part 1 Walks, Rolling Grapevines, Kick Ball Changes and Left Paddle Turn

- 1-8 Walk Fwd R, L, R, Kick L and Clap Walk Back L, R, L, Point R Toe behind and Clap
9-16 Repeat Walk 17-24 Rolling Grapevine to R and Clap, Rolling Grapevine to L and Clap
25-28 R Kick Ball Change x2
29-32 Paddle Turn to L. (Step R Fwd and turn 1/8 to L with weight finishing on L, Step R Fwd and turn 1/8 to L with weight finishing on L to complete 1/4 turn to L)

Part 2 Hip Thrusts, Pivots, Box Step, Bumps and Grinds

- 33,34 Hip Thrusts to R, (Step R to R side and at the same time bring arms Fwd, wrists up and with fists clenched. Pull arms Back and Thrust hips Fwd twice with knees slightly bent)
35 Stomp L foot next to R
36 Clap
37,38 Pivot Turn To L. (Step R foot Fwd and with weight on Toes Turn Over L shoulder,
39,40 Stomp R next to L and Hold
41-48 Repeat Hip Thrust and Pivot Turn
49-52 Repeat Hip Thrust (No pivot!)
53-56 (Step R Foot Fwd and put R hand on R side of bottom with knee slightly bent, Step L Foot Fwd and put L hand on R side of bottom with knee slightly bent, Step R foot Back with straight leg, Step L Back to L side with Straight Leg)
57,58 Bump R Hip to R side X2 (Put R hand up behind the head)
59,60 Bump L Hip to L side X2 (Put R hand up behind the head)
61-64 Grind (With hands still up behind the head bend both knees and Grind down and up from L to R. Repeat Grind

Repeat Dance

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